

HOLIDAY CHEER WITHOUT THE FEAR

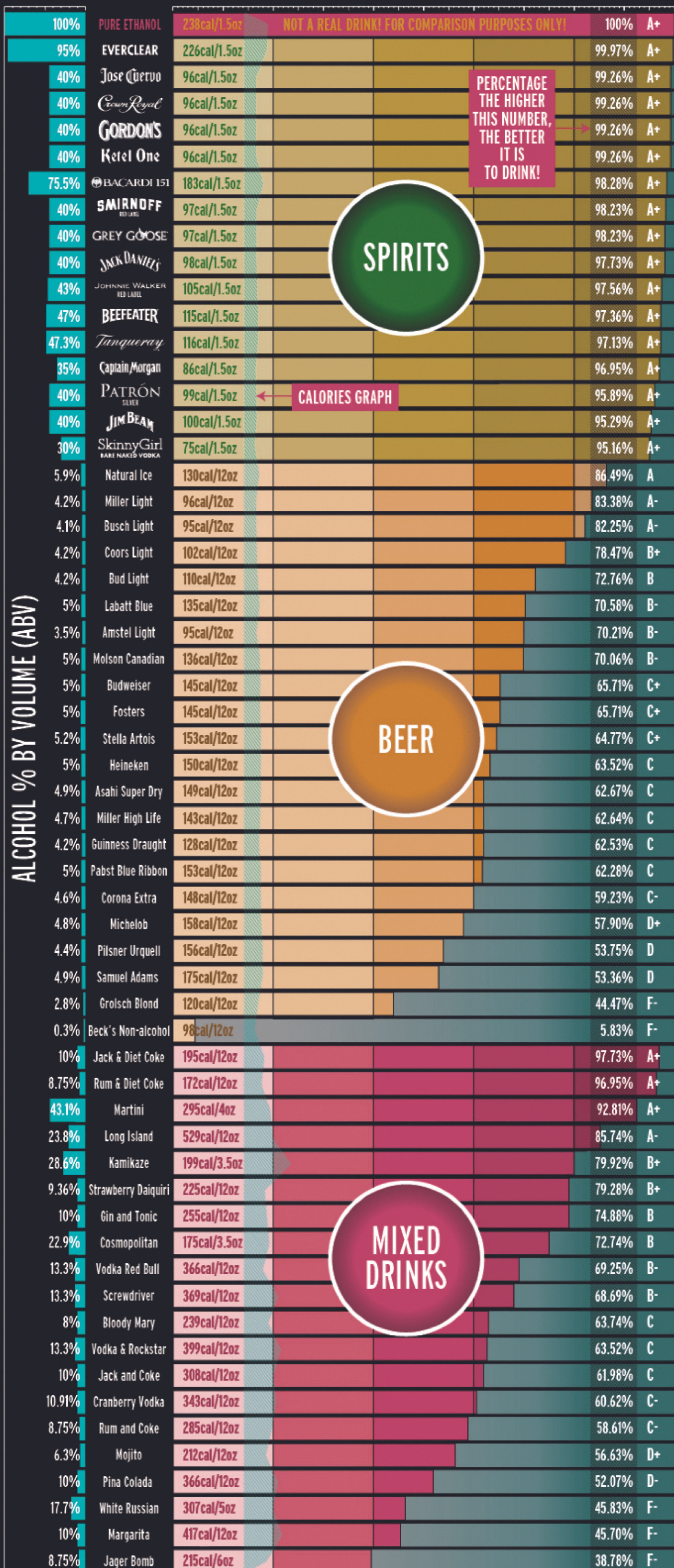
WHICH BOOZE SHOULD YOU CHOOSE?

ALCOHOL %
BY VOLUME

% OF CALORIES FROM ALCOHOL (THE HIGHER PERCENTAGE, THE BETTER!)

100 50 0

0% 20% 40% 60% 80% 100%



SPIRITS

BEER

MIXED DRINKS

PERCENTAGE
THE HIGHER
THIS NUMBER,
THE BETTER
IT IS
TO DRINK!

CALORIES GRAPH